Confession

Holy God, You are light and in You there is no darkness. Yet I confess that I often hide. I carry thoughts, words, and actions that I would rather keep secret. You see them all and You still love me and invite me to draw near. So search me now, O God, and know my heart. Test me and know my anxious thoughts. See if there is any offensive way in me.

[Pause, reflect, take inventory as you listen to the voice of the Spirit.]	ou
[Now name the sins that you are confessing to God.]	

God, thank You for the gift of Your voice and conviction. Today I choose to step into the light of Your presence. I do not excuse or minimize my sin. I bring it to You, openly and honestly. These are the sins I bring into the light and specifically name today: Here in the light of Your presence I leave what I had previously kept hidden and nurtured. I cast myself on You, knowing You are merciful and good. Amen.